



In the Name of Allah, The Most Beneficent, The Most Merciful

Explanations of Important Lessons for Every Muslim  
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Excerpts from the Book...

### Lesson One: Part 1

One must learn Surat Al-Fatihah and whatever possible from the other short Surahs; reciting them correctly, memorizing them, and their explanations which are required for one to understand inshaAllah.



**Allah (subhanahu wa ta'ala) says:**

“He grants Hikmah to whom He pleases, and he, to whom hikmah is granted, is indeed granted abundant good. But none remember (will receive admonition) except men of understanding.” Surah al-Baqara 2:269

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### The Explanation of Al-Isti'athah

#### 1. What is Al-Isti'athah?

Al-Isti'athah means for you to say “A’oothu billahi minash-Shaitaanir- Rajeem” (I seek refuge in Allah from the accursed Shaitan). Please read pg. 17 for more detailed description of each word inshaAllah.

#### 2. What is its meaning?

I seek refuge and fortification from Allah my Lord, against Shaitan the accursed, that he confuses me while I recite, or that he should make me go astray, to destruction and misery.

#### 3. What is your proof that you should seek refuge in this manner?

When the prophet (salla allahu alaihi wa salaam) would stand up at night to pray, he would begin his prayer with the Takbir (saying Allahu Akbar), then say:



“A’oothu billahi As-Samee’ul Aalim minash-Shaitaanir- Rajeem min hamzihi wa nafkhihi wa nafthih)

**Translated to mean:**

I take refuge with Allah, the All Hearing, the All-Knowing from the accursed Shaitan – from his pride, his poetry, and his madness. (Recorded by the Sunan Compilers)

**4. What are the rulings in regards to Al-Isti’athah?**

Whenever one is about to recite Quran; whether it is a single chapter or more it is Sunnah to say:

- First (Al-Isti’athah) I seek refuge in Allah, from the accursed Shaitan.
- It is also recommended to say this phrase when angry or
- When one has evil thoughts.

So now if, you are asked what is the meaning of Al-Isti’athah what should your response be inshaAllah?  
Write your answer below:



**Barakallahu Feekum  
THM STAFF**